



Lake Sunapee Rowing Club - 2019 Membership Application

www.lakesunapeerowing.com and find us on Facebook

Today's Date: MO ___ DD ___ YR ___

First and Last Name _____

Mailing Address _____

Town _____

State _____

Zip _____

Evening Phone _____

Daytime Phone _____

Cell _____

Email Address _____

Personal Information:

___ Male ___ Female ___ Age

Birth date: MO ___ DD ___ YR ___

New member Renewal

Experienced rower

Novice: *Special instructions: Complete this form and become a member. Rowers will be partnered with a volunteer sculler for 6 free lessons. On finishing the mentorship, rowers may join either the Small Boat Program or the Intermediate Program*. Phone Brenda at 603-481-2166.*

Sculling Lessons

Times to be arranged via email:
lakesunapeerowing@gmail.com

Prices: 1 person \$50, 2 people \$40 each,
4 people \$25 each.

Package of 3 lessons: \$75 (minimum 2 people)

Annual Dues: Individual Membership	\$150	_____
Family Membership	200	_____
Non-rowing Membership	25	_____

Sessions:

Spring Sweeps and Sculls, 5:45 - 7:30 am (M,W,F) May 27 to June 14	130	_____
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AM Sweeps and Sculls 5:45 - 7:30 am (M,T,W,F)* June 17 to July 4 (non-members \$225)	170	_____
July 8 to July 25	170	_____
July 29 to Aug. 15	170	_____
Aug 19 to Sept 6 (MWF)	130	_____
Sept 9 to Sept 27 (MWF)	130	_____

PM Sweeps and Sculls 6:00- 8:00 pm (T,Th) 6-8 am (Sundays)* June 18 to July 7 Beginners! (non-member \$185)	130	_____
July 9 to July 28 ð	130	_____
July 30 to Aug. 18 ð	130	_____

*Coach's approval required.

(Drop-in rowers will be charged \$20 per session)

Total \$ _____

Minimum number of 5 rowers required for sessions.
Refunds only for cancellations of programs by LSRC.

In addition to my dues and session fees, a tax-deductible donation of \$ _____ is included for the

Equipment fund or Scholarship fund. Thank you!

Complete application form, complete swim test certificate below, sign waiver online and view safety video online.

Send application and your check to: **Lake Sunapee Rowing Club, PO Box 287, New London, NH 03257**

Swim Test: (Not required for renewal members)

As a currently accredited lifeguard, I certify that I have observed _____ complete a swim test consisting of **swimming 100 yards** in a competent manner and **treading water for 10 minutes** and then **putting on a PFD** while treading water.

Lifeguard/Water Safety Instructor (print name, sign and date)

USRowing required: Go to usrowing.org/join-or-renew-membership/ and join or renew membership as a ðBasic Memberð for \$7.75. Sign the waiver and become an associate with LSRC. Our club's code is HVVU4. Please enter your USRowing number _____

View Safety Video Online: Watch the safety video at www.youtube.com/watch?v=Rx5SUE_RdgQ and initial here after viewing. _____

Media Release: I hereby authorize and give my full consent to Lake Sunapee Rowing Club to copyright and/or publish any and all photographs, videotapes and/or film in which I appear while attending rowing sessions. Lake Sunapee Rowing Club may transfer, use or cause to be used these photographs, videotapes or films for any exhibitions, public displays, publications, commercials, art and advertising purposes and television programs without limitations or reservations.

Signature and Date (Signature of parent if rower is under 18 years of age)