



Lake Sunapee Rowing Club - 2018 Membership Application

www.lakesunapeerowing.com and find us on Facebook

Today's Date: MO ___ DD ___ YR ___

First and Last Name _____

Mailing Address _____ Town _____ State _____ Zip _____

Evening Phone _____ Daytime Phone _____ Cell _____ Email Address _____

Personal Information:

___ Male ___ Female ___ Age

Birth date: MO ___ DD ___ YR ___

- New member Renewal
- Experienced rower
- Novice: *Special instructions: Complete this form and become a member. Rowers will be partnered with a volunteer sculler for 6 free lessons. On finishing the mentorship, rowers may join either the Small Boat Program or the Intermediate Program*. Sign up at <http://www.lakesunapeerowing.com/programs/learn-to-row/>*

Sculling Lessons

Times to be arranged via email:
lakesunapeerowing@gmail.com

Prices: 1 person \$50, 2 people \$40 each,
4 people \$25 each.

Package of 3 lessons: \$75 (minimum 2 people)

Annual Dues: Individual Membership	\$150	_____
Family Membership	200	_____
Adaptive Rowing Volunteer	25	_____

Sessions:

Spring Sweeps and Sculls, 5:45 - 7:30 am (M,W,F) May 28 to June 15	130	_____
*AM Sweeps and Sculls 5:45 - 7:30 am (M,T,W,Th) June 18 to July 5 (non-member \$225)	170	_____
July 10 to July 29 ð	170	_____
July 30 to Aug. 16 ð	170	_____
*PM Sweeps and Sculls 6:00- 8:00 pm (T,Th) 6-8 am (Sundays) June 19 to July 8 (non-member \$185)	130	_____
July 10 to July 29 ð	130	_____
July 31 to Aug. 19 ð	130	_____
Fall League: Aug 20 to Oct 14 5:45 - 7:30 a.m. (M,W,F)	300	_____

*Coach's approval required.

(Drop-in rowers will be charged \$20 per session)

Total \$ _____

Minimum number of 5 rowers required for sessions.
Refunds only for cancellations of programs by LSRC.

In addition to my dues and session fees, a tax-deductible donation of \$ _____ is included for the

Equipment fund or Scholarship fund. Thank you!

Complete application form, complete swim test certificate below, sign waiver online and view safety video online.

Send application and your check to: **Lake Sunapee Rowing Club, PO Box 287, New London, NH 03257**

Swim Test: (Not required for renewal members)

As a currently accredited lifeguard, I certify that I have observed _____ complete a swim test consisting of **swimming 100 yards** in a competent manner and **treading water for 10 minutes** and then **putting on a PFD** while treading water.

Lifeguard/Water Safety Instructor (print name, sign and date)

USRowing required: Go to usrowing.org/join-or-renew-membership/ and join or renew membership as a ðBasic Memberð for \$7.75. Sign the waiver and become an associate with LSRC. Our club's code is HVVU4. Please enter your USRowing number _____

View Safety Video Online: Watch the safety video at www.youtube.com/watch?v=Rx5SUE_RdgQ and initial here after viewing. _____

Media Release: I hereby authorize and give my full consent to Lake Sunapee Rowing Club to copyright and/or publish any and all photographs, videotapes and/or film in which I appear while attending rowing sessions. Lake Sunapee Rowing Club may transfer, use or cause to be used these photographs, videotapes or films for any exhibitions, public displays, publications, commercials, art and advertising purposes and television programs without limitations or reservations.

Signature and Date (Signature of parent if rower is under 18 years of age)