

**Lake Sunapee Rowing Club
Small Boat Policy and Application
(sign, date and return last page with your fees)**

Safety First!

1. Qualifying for taking out one of the club's sculling boats:

Rowers must pass a Flip Test, demonstrating the ability to remove a boat from the rack, transport it to the water, properly launch and row the boat, flip the boat, and get back into the boat while still in deep water. Demonstration of knowledge of available equipment, safety practices, and suggested rowing routes may also be required. Cost = \$25

Rowers are only qualified to row the type of boat in which the test was taken and passed or larger. If a rower has qualified to row a double, s/he is not qualified to row a single, but would be qualified to row in a quad.

2. Procedures to follow:

Before taking out the boat, rowers are required to fill out the Logbook with time, boat and rower's name(s). It is strongly suggested that you row when at least one other rower is on the water. If taking out a single *without* fellow rowers about, please *let someone know what your plans are and have a planned time to call in upon return*. First, take the designated oars to the beach. Before taking the boat off the rack, check to see how it is placed and return it to the same configuration (bow/stern). Privately owned boats/oars are NOT available to club members.

When returning the boat, put it in slings and wipe down the hull and the seat tracks with a towel. Check for damages and report if any are discovered. Sign yourself out in the logbook.

3. Additional safety measures:

You will be required to watch the safety video each year. This information will be noted on the list of qualified rowers.

You are responsible for knowing the rowing venue. Make a note of where the buoys are located as they are easy to run into. Row in a counterclockwise manner staying close to the starboard shoreline, except for the area near Tilson Point and the waterskiing slalom course. Please stay out of that area at all times as a show of respect to the water skiers. A chart of the area is available on the website (www.lakesunapeerowing.com), is posted on the oar rack, and may be printed out before you go to the launch area.

It is strongly suggested that you wear at least one article of high visibility clothing (florescent orange, yellow, or green) to make yourself more visible to other watercraft. Check frequently (every 5-10 strokes) to ensure there are no power boats, kayaks, swimmers, buoys, shoreline, or other obstacles in your path.

Lights are required for all boats on the water during dawn and dusk, and in the dark. A white light is to be placed on the stern, and a red/green light on the bow, with the colors on the appropriate side (green/starboard, red/port). There are two sets of lights in the Log Book box, along with rechargeable batteries. Turn them on before you leave the shore as you might not be able to reach them from your seat in the boat.

Lifejackets be worn when the water and air temperature added together is less than 100. Low profile PFDs will be available in colder weather.

Be aware of the weather before you leave the shore. Wait 30 minutes after hearing thunder or seeing lightening before going on the water. When it is windy, be aware of which direction the wind is blowing as it will be harder and longer to row in one direction than the other. The middle of the lake between Tilson Point and the lighthouse is always the roughest water. Check before you start across to see if the chop will be too high for safe and comfortable rowing.

When in doubt that it might not be safe to row - don't go!

Club reimbursement and other requirements:

1. Anyone interested in being on the list of persons qualified to use a club boat must first be a current member of LSRC. Annual dues, a membership form and current waiver are required.

2. Club charges in a club boat are as follows, unless otherwise determined by the LSRC Board of Directors:

Annual: \$150
Monthly: \$50
Weekly: \$30
Daily: \$20

Payment must be received in advance. Make checks payable to Lake Sunapee Rowing Club.

3. Reservations: Reserving a boat can be done only within the 48-hour period prior to the sign-up slot. A reservation system is available online, and lists boats available for use. You will be given access to the calendar after passing the FLIP test, completing paperwork, and making the required payment.

4. Scullers are required to sign a form stating that they are aware that they are responsible for any damage occurring while using the boat. All boats are insured on LSRC's equipment policy with a deductible of \$250. User(s) will be responsible for the deductible if damage is caused by negligence.

User's Signature:

I have read the above information and agree with all the rules and regulations of the Lake Sunapee Rowing Club.

Printed Name

Signature

Date